



## ***STANDARDS OF EXCELLENCE PROGRAM PROJECT SUMMARY SHEET***

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**SCHOOL:** Allentown High School

**ACTIVITY:** Powder Puff Football

**DATE(S):** Tuesday Before Thanksgiving 11/23/10

**CATEGORY:** School Spirit

**ADVISOR NAME:** Mrs. Sweeney, Ms. Folino & Mrs. Johnson

**ADVISOR E-MAIL:** folinol@ufrsd.net

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### **PROVIDE A BRIEF DESCRIPTION OF THIS PROJECT:**

The Powder Puff Football game is held after the football season is over, and uses reversed roles, where the junior and senior girls play flag football and the boys are the cheerleaders. The junior girls play the senior girls while the boys cheer them on, the boys can use the cheerleading uniforms that are used by the fall cheerleaders and the girls wear matching team shirts. We use standard flag football rules and ask a few of the gym teachers to help referee the night of the game, we even used part of a practice to make sure all the girls understood all the rules and safety regulations, this was taught by one of the gym teachers. The athletic trainer, a nurse, and our school state trooper also attend the game to make sure everyone stays safe. Chains are done by members of student council. All planning that goes into the Powder Puff Football game is done at least one month in advance, student council organizes everything, makes sure everyone is supervised and safe, orders team shirts, and makes sure the players have access to the football field for practices as well as the night of the game. We hold it under the lights, use the score board and announcer box, and make the game as professional as possible. Refreshments are sold at the built in concessions stand and tickets are sold at the game as well as in lunches the day of the game. The girls play two 10 minute halves with a 10 minute intermission.

### **DESCRIBE THE PLANNING & EXECUTION OF THIS PROJECT:**

We schedule sign-ups in our student council homeroom, asking any juniors or seniors who are interested to visit the classroom sometime during the day in between their classes to sign up. Three practices are held before the game, everyone who wants to play in the game is required to attend two of the three practices, the more practices someone attends, the more playing time they are guaranteed. Each team is coached by a senior boy, who is normally a football player himself, a teacher assistant, and a few other football players who wish to help. The cheerleaders are coached by a cheerleader who shows them a few simple sideline cheers to keep the school spirit going. Regular announcements are made as well as signs and a showcase are displayed to remind students that the game is coming up.

### **DESCRIBE THE BENEFIT OF THIS PROJECT BENEFIT TO SCHOOL AND/OR COMMUNITY:**

Powder Puff is an event that many students look forward to, the underclassmen can't wait for junior and senior year when they can play in the game. All in all, this exciting event is one everyone enjoys, it boosts our school spirit, and raises some money for the state charity of the year. The Powder Puff Football game is such a positive event and could never be replaced.

### **EVALUATE THE EFFECTIVENESS OF THIS PROJECT, REFLECTING ON ANY POSSIBLE CHANGES YOU MIGHT CONSIDER:**

Our Powder Puff football game is one looked forward to by all the students and even the staff. It raises so much school spirit and though it is not our biggest fundraiser, it is one that is quite effective. This project has been going on for about eight years now and it seems to be the best it could.